



PURIFYWATER LLC

ProAdvocate membership and buying NBMI

You can order pharmaceutical grade Emeramide, NBMI, OSR#1 from PurifyWaterLLC.com

How to take:

OSR#1 can be consumed with or without food. It won't dissolve in water, but you certainly can wash it down with water. Like Dr. Haley I typically just put it under my tongue wash it down with coffee or water or just leave it so eventually some will be absorbed and the rest swallowed.

My best use of 10 grams recommendation:

1. Test first with 100mg to determine thiol sensitivity. OSR has two thiols. The majority of people are not thiol sensitive.
2. If not thiol sensitive: take 300 mg AM and PM for 3 to 4 days (using 2.4 grams). Take a day off then 100 mg every one to two days using the remaining 7.6 grams (76 small white spoons) can last up to 5 months.
3. If you are thiol sensitive: First supplement with [molybdenum \(Mo\) at 100 to 200 micrograms](#) µg/day for a few days, then repeatedly test with 100 mg OSR until the thiol sensitivity resolves. The reason for thiol sensitivity is most likely the displacement of Mb by Hg or some heavy metal. Once you take enough OSR the heavy metals are gone, and your body will replace the missing Mb.

OSR quickly renders toxic metal inert and harmless. Some of the metals sequestered in non-vascular areas and take longer to capture because they may not be near any circulating blood like for example lead deposited in cortical bone. You must have bone turn-over to expose that sequestered lead to OSR. Exercise or weightlifting stimulates bone turn-over. I recommend a longer treatment for hard to get metals. It took my lead levels several years to decline to normal/low.

Avoid new Hg exposure: If you have mercury fillings do get them out safely but do not chew gum. Don't eat fish. Don't get new mercury/silver tooth fillings. Don't buy fluorescent lights that can break. I would recommend anyone intending to have existing mercury/silver tooth fillings removed or even polished i.e., during a tooth cleaning find a safe dentist trained in the International Academy of Oral Medicine and Toxicology's [Safe Mercury Amalgam Removal Technique \(SMART\)](#) and I'd also take 300 mg 2 to 4 hours before that appointment.

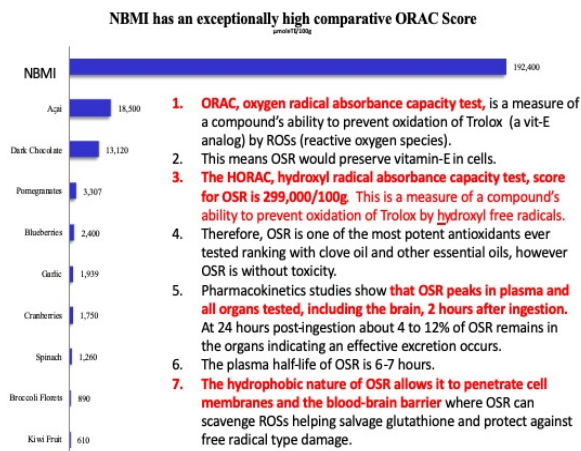
Safety was established before the first supplement was ever given in 2007 in animals [Clarke et al., 2012](#) and then in humans. No amount was lethal! The FDA even acknowledged it was safe in 2019 at a Class C meeting. There have been no serious adverse events reported. However about 5% of heavy metal poisoned people react to thiols (sulfur) so read below and/or [Return2Health](#) has an explanation of thiol sensitivity and a Thiol Self-Test. See how to test and overcome that condition below.

[Watch and listen to the many lectures by Professor Boyd Haley about OSR.](#)

OSR (oxidative stress relief) is an ideal chelator as well

An Ideal Chelator is:

1. Totally nontoxic;
2. Made from natural substances to allow sale as a dietary supplement;
3. Uncharged and lipid-soluble, in order to cross the blood brain barrier and bio membranes, so as to enter all cells and organelles of the body to which mercury would migrate;
4. Capable of forming strong, thermodynamically irreversible semi-covalent bonds with the toxic [heavy] metals, to eliminate toxicity upon binding and prevent redistribution;
5. Minimally attracted to essential metals to prevent their depletion (a major toxic effect of most charged chelators);
6. Chemically inert and harmless even after binding the toxic metal;
7. Effectively excretable, with and without a bound metal, through the bile and bowel via the naturally occurring P-450 detox system, so as to prevent buildup in any organ or cell.



OSR is an abbreviation for Oxidative Stress Relief. OSR loves oxidative stress and binds the free radicals OH⁻ 3 to 1. Metals are all 1 to 1. It has an enormous ORAC score 192,400.

In a phase 2 double blind clinical trial severely, mercury poisoned Ecuadorian gold miners who received 300 mg/day for 2 weeks, just 4.2

grams or 42 level 100 mg spoons showed significant drop in urine mercury, improvement in their symptoms and increased energy. [Link to: the Ecuador Gold Miners Phase IIa](#) The symptom improvement was significantly greater in the 300mg group than the 100mg group and both much greater than the placebo controls



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If you have amalgam fillings?

OSR will not hurt you if you take it while you have amalgam fillings. [All mercury/silver fillings leak substantial amounts of mercury.](#) However, you will continuously be exposed to new mercury daily until they have been removed. The amalgam removal can happen safely both rapidly or over time. The solution to a mercury filling is seldom a full crown. In choosing dentistry the less drilling you do the better it is for your teeth. The majority of people who are mercury poisoned are injured because of FDA approved mercury/silver amalgam fillings. If you have these fillings, dentists deceptively call "Silver", I recommend you get them removed safely as soon as possible. [The IAOMT has a safe amalgam](#) removal certification. All US dental schools teach students to handle and implant mercury fillings carelessly and none teach safe removal so ordinary dentists regardless of undergraduate training can and have made this condition much worse by carelessly removing mercury fillings. For your protection I recommend you and the dental staff take OSR#1 at least 2 hours before dental work involving mercury.

Does OSR bind Gadolinium (Gd)

We don't know for sure because it costs an enormous amount to study even one metal and studying a condition that few doctors even admit is a problem is totally impossible, so we've done no clinical trials on Gd. But what we do know is every metal tested in the laboratory that loves sulfur loves OSR. They are listed below. Understanding Gd behavior it should likely be attracted to OSR. In addition, there are several individual reports of OSR being of substantial benefit primarily in reduced pains.

What if you are environmentally sensitive?

Lots of environmental sensitive people have taken NBMI without experiencing serious side effects my late wife included. Any additional substances often referred to as binders are not needed and, in some cases, detrimental especially if they contain sulfites. A true chelator must use sulfite to grasp most heavy metals especially the worst of the worst mercury. Taking additional sulfite binders may overload a weakened enzyme necessary to digest sulfites. Don't take anything with NBMI. It is not needed.

What can I expect?

The toxicity of heavy metals especially mercury is immediately stopped even though nothing seems to happen. The most frequently reported improvements are brain fog, diminished pains and increased energy. IMO the reason NBMI does not aggravated or activated reactions is because it does nothing to you. It doesn't bond to organs, stick to blood or alter any reaction. All it does is float everywhere and in the presence of a heavy metal it presents a far superior energetic opportunity for the heavy metal to bond exactly like it wants to. So, the metal lets go of you and embraces NBMI permanently.



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How does it work?

Because elemental mercury vapor is not charged it too floats everywhere. NBMI will find it anywhere because it too is uncharged and enters all areas of the body including the mitochondria. Healing the mitochondria is most likely why the Ecuadorian gold miners [10.3390/ijerph14010034](https://doi.org/10.3390/ijerph14010034) had significantly increased strength decreased urine mercury from just 4.2 grams of NBMI over two weeks (300mg/dayX14). Obviously, more would be better and that's why I packaged the NBMI in 10-gram vials. More and for longer is better because it seeps into all areas if given enough time.

When NBMI passes near a heavy metal the electron shell of the metal tells NBMI how it wants to be held by the two sulfur ends (thiols) of the protein arms. Iron wants a 45-degree convergence angle and mercury wants sulfur at 180-degrees. NBMI happily does either and many others because it is very flexible. That's how it was designed to behave.

Is the bound metal still toxic?

No. When it bonds irreversibly with these heavy metals all of the electrons are happily engaged so the metals cause no further harm plus it takes enormous amounts of heat to ever break them apart so once captured the poisonous behavior of the heavy metal is rendered immediately harmless. 1 mg/kg mercury will kill most animals. Two thousand mg/kg mercury bound to NBMI was fed to animals and it didn't harm then at all. The mercury=NBMI was absorbed, circulated, and penetrated all areas then came back out. No animals were harmed in this experiment.

Are my mercury fillings from the past causing my health problems now?

Yes. Don't take my word for it go read the idiotic [FDA webpages on amalgam safety](#). These toxic mercury fillings have been proven to release elemental mercury vapor. Elemental mercury vapor is regulated by the EPA for air quality at no more than 0.3 Parts per million (PPM) for safety. A person with an average number of "silver" fillings breath is so high in mercury safety officials would demand you be evacuated.

Now go read the [FDA's page of warning](#) if you have one or more of the symptoms of mercury poisoning kidney, heart, brain.

- Pregnant women and their developing fetuses;
- Women who are planning to become pregnant;
- Nursing women and their newborns and infants;
- Children, especially those younger than six years of age;
- People with pre-existing neurological disease such as multiple sclerosis, Alzheimer's disease or Parkinson's disease
- People with impaired kidney function; and



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- People with known heightened sensitivity (allergy) to mercury or other components of dental amalgam.

They further warn victims of mercury intoxication to NOT get these fillings removed as that is dangerous. Which I agree with unless you follow the [IAOMT SMART](#) protocol. Continuing this insanity all the armed services, VA, Indian service, welfare and the USPHS still use mercury. [50 Million new mercury fillings](#) in Americans every year.

Order Shipping and payment PurifyWaterLLC.Com

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David Kennedy, DDS

This is an animation of NBMI aka OSR#1 a tiny chelator that permanently binds **Mercury (Hg), Arsenic (As), Lead (Pb), Cadmium (Cd), Uranium (U), Thallium (Th), free radicals, free Iron (Fe) & Copper (Cu)**

and renders them permanently harmless:

[CLICK IT TO SEE HOW OSR MOVES](#)